

New Umpire Training Clinic Classroom Portion

Please register ahead of time to secure your seat, save money, and to be eligible to win a striped umpire jersey (a \$25 value)! This clinic will benefit "newer" umpires as well as coaches, parents and current players.

Check in starts at 8:45 am on the morning of the clinic. Lunch is on your own. Attendees will be given up to an hour for this, as well as other breaks throughout the six-hour day.

The curriculum, guided by US Lacrosse Women's Division Umpire Manual, includes: Game footage, Umpiring requirements, Overall concept of fouls, Administering the penalty, Umpire professionalism and uniform requirements, Pre-game procedures, Field positioning and coverage, Mechanics, Special situations, Youth rules, and the **2009 new rules interpretation portion.** Presentation will include PowerPoint and DVD, as well as dry erase board diagramming. Attendees will receive a packet to supplement the session.



Clinic Location Details

Portland 1: Sat., Jan. 24, 2009
Friendly House Community Center
1737 NW 26th (at Thurman St.)
Portland, OR 97210

Eugene-area: Sat. Feb. 7, 2009
Holiday Inn North-Springfield
919 Kruse Way (near mall)
Springfield, OR 97477

Portland-area 2: Sat. Feb. 21, 2009
Location: Lake Oswego Park & Rec.
Kruse Way and Rt. 217

Field Training (Rating)

OGLA's JV Jamboree: Sat. Mar. 7, 2009
Westview High School, Beaverton.
For new Adult umpires.

Additional Information

**OWLUA Mandatory Membership Meeting
& Annual New Rules Interp. Session**

- **Wed. Feb. 11, 2009**
- **6 - 9 pm**
- **Site: Lucky Lab Beer Hall**
1945 NW Quimby St.

OWLUA

www.owlua.org

US Lacrosse

www.uslacrosse.org

Oregon Chapter of US Lacrosse

www.oregonlax.com

Oregon Girls' Lacrosse Association

www.oregongirlslax.com

Oregon Women's Lacrosse Umpires Association

MAIL FORM AND PAYMENT:

Don Knott, Treasurer
c/o OWLUA
PO Box 15114
Portland OR 97293

Contact Person:

Juliet Baker, Development Coordinator
503-432-6701, or OWLUA@msn.com



**Oregon Women's
Lacrosse Umpires
Association
presents**

Women's Lacrosse Rules & New Umpire Training Clinics



Portland 1
Date: 01/24/09
Saturday

Portland 2
Date: 02/21/09
Saturday

Eugene-area
Date: 02/7/09
Saturday

Time: 9 am - 4:30 pm



Becoming a USL certified women's lacrosse umpire.

OWLUA, founded in 2002, is the sole umpire board in the state, offering training and development of new lacrosse officials. We fall under the Women's Division Officials Council of The national governing body, US Lacrosse (USL). We are in the Northwest Region along with WA, ID, and MT, which falls in Super Region VI.



Umpire checking the legality of the player's stick.

The road to becoming an umpire begins with attending a six-hour classroom clinic. At this event, new referees sign up to become a

member of USL through OWLUA and get a 2009 rules book.

Basic rules of the game are presented, as well as the new rules interpretations. Uniform requirements, hand signals, and game procedures are covered. While all umpires are required to take an annual written rules exam, new candidates may complete it using the rule book. However, all umpires are encouraged to obtain the 2009 edition of the Umpire Manual, available through the US Lacrosse website's gift shop. It is an invaluable resource!

Field Training (Part II)

With the classroom portion out of the way, the next component takes place on the field! Adult umpires will attend a JV level pre-season play day on Saturday March 7th. The date has yet to be set for Junior umpires (those in high school). More formation will be provided as the date gets closer. New umpires receive a complimentary "starter kit", which includes a Fox 40 whistle, a black lanyard, a yellow flag, and a set of three cards. Officials must wear a one-inch vertically striped collared jersey. Early clinic registrants will be eligible to win one! Locally, Bashor's sells football-style referee jerseys for under \$30. See OWLUA's website for links to online companies.

Rating

New umpires will be evaluated ("rated") during the on-field training. An annual requirement, rating sessions allow for constructive feedback and a classification of skill level. A first year umpire will either earn a rating of "Apprentice" or a "Junior", depending on the

age of the umpire. Higher rated officials within OWLUA serve as raters. After the Apprentice year, an umpire may earn the next rank of "Local". More complete descriptions of the levels of umpiring can be found on the USL website, under Women's Officials.

In season Umpiring

OWLUA provides umpires for the Oregon Girl's Lacrosse Association (high school) and youth leagues (grades 5-8) in our state. You will be assigned games based on your rating and availability. The seasons runs mid-March until early June. More information on lacrosse in our state can be found on Oregon's USL Chapter website, www.oregonlax.com. The high school league, the OGLA, can found on www.oregongirlslax.com.

Payment

Umpires will be paid twice per season. Average fee per game is \$43, depending on the level of game umpired. A travel fee of \$2.50 will be paid per site. If travel from your home is 50+ miles, you will be reimbursed at \$0.45/mile. An assignor's fee of 3% is subtracted from your total payment. As an independent contractor, you may need to claim your income on your taxes.

New Umpire Training Clinic Registration

Sign up for:	Check-in	Fee
<input type="checkbox"/> NW Portland, Sat. 1/24/09	8:45 am	\$25.00 (\$35 at door)
<input type="checkbox"/> Eugene area, Sat. 2/7/09	8:45 am	\$25.00 (\$35 at door)
<input type="checkbox"/> Portland area, Sat. 2/21/09	8:45 am	\$25.00 (\$35 at door)
<input type="checkbox"/> US Lacrosse Membership fee	<input type="checkbox"/> \$50.00 (Adult)	<input type="checkbox"/> \$35.00 (High school)
Download pdf file from website: www.uslacrosse.org		
		Total: _____

Name _____

Mailing Address _____

Email _____

Phone Number (s) _____

Team affiliation, if any _____

Umpire rating, if applicable _____

Method of Payment

- Check #1 _____
- Cash _____
- Check #2 _____

**FORM & PAYMENT
MUST BE RECEIVED
3 BUSINESS DAYS
BEFORE EVENT.**

For official use only:

Contact person:
Juliet Baker, Development Coordinator
E-mail: owlua@msn.com Cell: 503-432-6701
Website: www.owlua.org

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